



Sharon L. Ruff

July 18, 1964 - January 29, 2023

Sharon Lorraine Ruff of Alexandria, VA, was born July 18, 1964 in Jersey City, New Jersey. She was the daughter of Dorothy Lewis, and the late George Lewis. Sharon left for her heavenly home with the Lord on January 29, 2023.

Sharon attended both Catholic and public schools in Jersey City. Because of her abilities, Sharon earned a three-year scholarship with the ABC Program to attend high school in New Hampshire. She then matriculated to Wesleyan University for four years, earning her Bachelor of Arts degree in Economics in 1986.

After college, Sharon worked for eleven years in Benefits Administration with Bankers Trust, Lever Brothers, and Nabisco. She later completed computer training at Chubb Institute, launching her twenty-five-year career in Information Technology, where she worked for various companies, including Computer Sciences Corporation, The State of Delaware, Wells Fargo, and Allspring Global Investments. Her strong work ethic propelled her into numerous leadership roles.

Sharon enjoyed reading, getting to know others, and talking. She even took up sewing for a season. She enjoyed listening to relaxing music like Gospel/Praise music, Bossa Nova, and coffee shop music.

Sharon married David, the love of her life, in 2002. They were married in Delaware and lived there for several years. They experienced twenty wonderful years together, full of love, trust, growth, and joy.

Most notable about Sharon was her love for life and others. She approached life with zeal to live it to the fullest. Sharon befriended and gained the trust of others by pouring out her love and taking time to share their lives with them. Her genuine spirit endeared her to many, allowing her to cultivate great lifelong friendships. She always listened to others with true intentions of being helpful, and when she didn't get enough information to adequately aide someone, she wasn't afraid to have a little, "Question-Time." Sharon treated everyone the way she wanted to be treated, and genuinely loved everyone, as she did herself. Not surprisingly, her wonderful heart motivated her to give to those in need, and to charities. She was made complete by her warm and hearty laugh that would fill you with joy. Sharon is love.

1 Corinthians 13:4-8 expresses Sharon's life best:

"Love is patient, love is kind. It does not envy, it does not boast, it is not proud. It does not dishonor others, it is not self-seeking, it is not easily angered, it keeps no record of wrongs. Love does not delight in evil but rejoices with the truth. It always protects, always trusts, always hopes, always perseveres. Love never fails."

While Sharon is deeply missed, she is resting peacefully in the bosom of the Lord, and we will all see her again at our appointed times. Until then, we have our memories and relationships to remind us of her radiant personality and loving heart.

Sharon leaves to celebrate her life, her beloved husband, David Ruff; cherished mother, Dorothy Lewis; adored siblings Valerie Wiggs and Wendell Lewis; devoted sister-in-law, Mary Ruff; precious nieces and nephews, Patrick

(Kacy), Christopher, Nyleen (Aaron), Andrew, and Raquel; adored great nieces and nephews; and a host of family and dear friends.

Family and friends may gather at Jefferson Funeral Chapel on Saturday, February 18, 2023 for an 11AM viewing, and home going service at 12PM. Sharon's family and closest friends will assemble privately after the service.

Those who are unable to attend the service may view via live stream on the Chapel's website.

In lieu of flowers, donations may be made to any of Sharon's favorite charities: Donate | American Cancer Society, (<https://www.cancer.org/involved/donate.html>)

St. Jude's Children's Hospital, (<https://www.stjude.org/donate/donate-to-st-jude.html>) or

RMHNY - Children's Charities | Ronald McDonald House New York (<https://www.rmh-newyork.org/>)

Previous Events

Viewing

FEB **18**. 11:00 AM - 12:00 PM (ET)

Jefferson Funeral Chapel
5755 Castlewellan Drive
Alexandria, VA 22315
(703) 971-7400
info@jeffersonfuneralchapel.com
<https://www.jeffersonfuneralchapel.com>

Funeral Service

FEB **18**. 12:00 PM - 1:00 PM (ET)

Jefferson Funeral Chapel
5755 Castlewellan Drive
Alexandria, VA 22315
(703) 971-7400
info@jeffersonfuneralchapel.com
<https://www.jeffersonfuneralchapel.com>

Tribute Wall



“ *Jefferson Funeral Chapel created a Webcast in memory of Sharon L. Ruff*



Jefferson Funeral Chapel - February 15, 2023 at 11:27 AM

DB

“ *My son peeled the sticker off my Bible . The label that had my name on it. To reveal a woman's name . Sharon L Ruff. There's a few but I'm wondering if this was her Bible. It was given to me on my 24th birthday when I lived in Portland Maine .*



Dena Barbieto - November 06, 2023 at 12:07 PM

AM

“ *I met Sharon a few years ago. I worked at Harris Teeter, we started talking and became friends, we exchanged numbers and talked frequently. Sharon was very sweet, she would listen to what you had to say about certain things and would graciously give her opinion, on it, if it didn't should right, Sharon would say "I DON'T KNOW ABOUT THAT". You will truly be missed Sharon. Rest in heavenly peace... Love Angie*

Angela McKinley - April 03, 2023 at 07:41 AM

RB

“My deepest condolences to Mrs. Lewis, David, Valerie, Wendell and all those who loved and a grieving the loss of Sharon. I was always left smiling after every interaction with Sharon. Her caring and joyful spirit was infectious. Rest in Peace Sharon. We love and miss you.
Roger Blissett

Roger Blissett - February 18, 2023 at 12:13 PM

SW

“Wherever a beautiful soul has been, there is a trail of beautiful memories.” You and your family are in my thoughts and prayers. Sharon you will always be with me.

Your loving cousin,
Sheila Williams
Hampton, Virginia



Sheila Williams - February 18, 2023 at 11:33 AM

KH

My dear beloved cousin, you often come to mind - your smile, your sweetness, your caring attention, and, most importantly, your love of God and family...you will always remain in our hearts!! Present with the Lord!!!!

Katie Hicks - July 31, 2024 at 06:03 PM

DL

“Sharon I am so lost for words. Your sweet heart as you’ve always been. I am so thankful we’ve had our conversations on last year. You’re so loved and will be well missed. R I H
Your loving cousin, Doris

Dioris Lanham - February 18, 2023 at 11:00 AM

MW

“ To our beautiful niece Sharon: You were taken from us much too soon.
You will truly be missed but never forgotten. Your beautiful smile and joyful laughter will live on in all our hearts and memories. There are so many wonderful qualities that we admired about you. But one that stands out is the loving and caring nature you had for family, friends, and even people you never met but cared about through your charitable giving. We all love you dearly.

Love Uncle Matthew and Aunt Margie

Matthew Whack - February 17, 2023 at 06:54 PM

VA

“ To my sweet sister Sharon... there is no greater Love ❤️

UNTIL WE MEET AGAIN

*Those special memories of you
will always bring a smile
If only I could have you
back for just a little while
Then we could sit and talk again
Just like we used to do
You always meant so very much to me
And that forever will be true
The fact that you're no longer here
Will always cause me pain
but, you're forever in my heart*

....UNTIL WE MEET AGAIN

Valerie - February 17, 2023 at 05:27 PM

KF

“ As a younger cousin, I’ll always remember the day Sharon graduated from Wesleyan University. It was a proud family moment for everyone but personally it was an inspirational moment.

But what will always stand out about Sharon was her beautiful smile, her laugh that would warm up any room and her kind heart.

Love, Kanani

Kanani Freeman - February 16, 2023 at 10:00 PM

IF

“ For Sharon
We time travel.
Some cultures believe that the future is behind us because it’s unknown, where it can’t be seen while the past is ahead, in view. We enter this dimension fully aware of our purpose but live and grow in a constant state of unremembering.

All I remember of you is the good times, the transformational times, the magical times, the deep conversations. It’s been so long since I spoke to you, so much life lived. Yet I hear your laugh like I heard it yesterday. And maybe yesterday is really tomorrow remembered. What was lived, now lost, is forever held in amber by our shared memory. We can freeze time and hold you in our thoughts, wrap you in our love and lift you up with the exultation of your name. Sharon, I love you, you’ll never be forgotten. We’ll see again, in time. Travel safely my friend.

- Ian Friday

Ian Friday - February 16, 2023 at 05:16 PM