



Ok Yong Ohlfest

October 3, 1955 - February 15, 2014

Ok Ohlfest, 58 years old, went to the loving arms of Jesus after suffering a brain aneurism on February 14, 2014. Ok had been married to Mike Ohlfest for nearly 34 years and together they had a wonderful daughter, Megan Christina Ohlfest who is now 20 years old. Ok was a native of the Republic of Korea and met Mike while he was serving there with the Army in 1978. She was very active in her Catholic faith and volunteered in nearly every possible opportunity. Ok was an avid fisherman and was a wonderful and loving wife and mother and will be missed by her family and all who she touched with her life. Relatives and friends may call on Jefferson Funeral Chapel 5755 Castlewellan Dr. Alexandria, VA 22315 on Friday, February 21, 2014 from 2-4 & 6-8 PM. Mass of the Christian Burial will be held at Ft. Belvoir Woodlawn Chapel, 5950 12th St., Fort Belvoir, VA 22060 on Saturday, February 22, 2014 at 1 PM. Interment will be held at Mount Vernon Cemetery in Iowa at a later date. Please sign and view the family guest book at www.jeffersonfuneralchapel.com

Tribute Wall



“ *Ok Yong Ohlfest*

October 27, 2022 at 09:45 PM



“ *Mike, I am so sorry to hear of your loss. Ok was such a sweet person.
You and Megan are in my prayers.*

February 25, 2014 at 12:00 AM



“ *So sorry to hear of Ok's passing. Keeping you all in my prayers.*

February 25, 2014 at 12:00 AM



“ *I was shocked to hear of Ok's passing. And while I didn't know her personally I can tell through the stories on this page (and those heard through the years) that she had a strong faith, with a kind heart. My sincere sympathy to you Mike, and your daughter, as you walk this difficult path. My prayers are with you.*

February 22, 2014 at 12:00 AM



“ Just a few short months have passed since Ok helped me say goodbye to my beloved Irma and now, Ok's sudden passing is incomprehensible to me. Her golden heart was coupled with an incredible desire to provide help and comfort to anyone in need, and her love of the Catholic faith will continue to inspire all who came in contact with her at the 9:15 Sunday Mass, the "Why Catholic" group, MCCW, and many other occasions where folks came to know her. My thoughts and prayers are with you Mike and may you find peace and happiness through the wonderful memories you and Ok shared for so many, many years.

February 22, 2014 at 12:00 AM



“ This condolence is from Mike Duggan and wife Jackie Smith Duggan from Cedar Rapids, Iowa. We wish to send OK's family the deepest and sincerest sympathy. Mike and his family has been in our thoughts. Please let us know if we can do anything even back here in Iowa
(319) 365-7616.

February 22, 2014 at 12:00 AM



“ My most sincere condolences to Mike and Megan in their time of great loss. Ok was a true inspiration to me and to all of the faith community at Ft Belvoir. If there ever was an example here on earth on how to follow a Christian life it was her. I came to know Ok thru daily Mass and the 9:15 Mass on Sunday at Woodlawn as she would assist me often with the counting of the offering after Mass. In all my years I have never seen a person with such a positive attitude that Ok had. May the Lord and Creator always hold you in the palm of his hand my friend. You will be truly missed.

February 22, 2014 at 12:00 AM



“ Our condolences to Mike and Megan in this time of great loss. How very sad we were to hear of Ok’s passing. We came to know Ok through her many and varied service efforts at the Fort Belvoir chapel. I got to know her a little better at a retreat in Pennsylvania last fall. Ok was a beautiful lady with a kind and giving heart. With her ready smile and tireless volunteer efforts, she truly put her faith into practice by doing Christ’s work on earth. May she find eternal rest from her labors in the loving presence of her Lord and savior.

February 21, 2014 at 12:00 AM



“ Ok, you will be dearly missed. We shared wonderful memorable times in Taegu and Stateside. I always remember, your words "I didn't know you were funny," I wish I had shared w/you, how great that made me feel. Every Oct. 3, I will celebrate the gift of knowing you and for sharing the same birth date. Our love and deepest sympathy to Mike and Megan.

February 19, 2014 at 12:00 AM



“ Katherine and I met Ok when we moved to the 1115 mass at Fort Belvoir just a few months ago. She was one of the first people that we met at that mass, and she played such a huge role in welcoming us and making us feel at home. I served with her many times as a Eucharistic Minister at that mass, and got to know her well in such a short time. She was a pleasure to see every Sunday, and she enjoyed interacting with our one-year-old, Carter. Ok was loved by all who knew her, and it was so easy to feel her love in return. She will be sorely missed, and we pray for her and her family.

February 19, 2014 at 12:00 AM



“ Mike and Megan, the shock of Ok's passing has not yet diminished and I have you both in my prayers at this difficult time. For such a tiny woman, Ok's presence at our CWOC sessions was large and indeed very memorable. I was privileged to have spent time with her during our Outreach deliveries and Faith Studies sessions. She truly lived the saying "Faith, Family, Friends" and I will always have her in my heart. May God Bless You and flood you with all the wonderful memories you have of your lives together as a way to ease your pain.

February 19, 2014 at 12:00 AM



“ I met Ok through the iconography group. I will always remember Ok, and praise God for sharing her light with us all. I am a better person for having known her. Her love of Christ was great, and her giving heart was always open to give more. God is good, and we will be praying "Ok Prayers" for years to come as our " painted prayers" spring forth from our hearts to the heart of God, drawing ever closer to our Lord and Savior. Prayers of love, healing, praise, forgiveness, and thanksgiving, to name just a few. With great and growing love.

February 19, 2014 at 12:00 AM



“ Mike,
Ok touched all our lives in so many ways, so much so that all of us are a little less without her. She was the leaven of joy that lifted everybody's spirit. Our prayers and our hearts go out to you and all your loved one. God bless you Ok!

February 19, 2014 at 12:00 AM



“ Ok was a dear friend. My memory is of her visiting with Kathy during her fight with cancer. Kathy truly enjoyed Ok's quiet demeanor and strong Catholic spirituality. Recently Ok joined our Why Catholic Prayer group and has been generous in reaching out to Pat. Our Catholic Community will miss her dearly. May God Bless Mike and Megan as they grieve the loss of Ok. Dave and Pat Lamm

February 19, 2014 at 12:00 AM



“ Ok touched so many lives in the relatively short time she was a member of the Fort Belvoir Catholic Community. As everyone will point out, she took every opportunity to volunteer her services in the various ministries, but in the process her smile, humor, good nature, and sense of commitment witnessed to all the depth of her love for God and her love for the People of God. She was the perfect example of faith in service of the Kingdom. All who knew and loved her will never forget Ok. She will live in our hearts until we are all together in the heavenly Kingdom where we will see her again face to face. May God give her a peaceful rest until the great Day of Resurrection and Reward!! May our loving and merciful God comfort Mike and Megan and all of us who mourn her death.

February 19, 2014 at 12:00 AM



“ We first met Ok at the RCIA classes a few years ago. We were volunteers and helped Deacon Dave with some of the classes. Ok was a recent convert and had a lot of questions. Good questions specially for someone who is new to the Catholic Faith. We learned a lot about our faith through those questions and we always appreciate Ok for continuing to be faithful but also brave in questioning some our customs, etc..

She was very active in our Ft Belvoir Catholic Community. Besides being part of the Eucharistic Ministers, she was also part of the 0915 Choir. She was there cleaning up after the various funerals and many times she would also be seen helping count the money (Matheans) after mass. She would also help Anita Dominguez set up the various masses, specially the 1115 mass. Ok also loved to paint and we see her painting Icons during Wednesdays when they had the class.

We'll miss her prescence here at the Ft Belvoir community. It just made us realize how important are our volunteers from all of the different ministries and associations.

Millie and a few friends were able to hear mass and go to communion with her before she passed away and it's a great consolation knowing this. May the Almighty Lord have mercy on her soul and greet her in heaven with open arms!

February 19, 2014 at 12:00 AM



“ Ok, I feel God was with YOU as well as Lynda and mel when we attended Mass and Benediction at Hospital Chapel on Friday. I am honored to have spent your last aware moments with you and held you in my arms. HE took you away and you are now in His arms forever. Remember all of us you left behind. Prayersand love too for Mike and Megan./Helen

February 18, 2014 at 12:00 AM



“ Ok, you will be missed by all your friends from the Fort Belvoir chapels, both Catholic and Protestant. In particular, those of us in the Catholic 9:15 choir and the Iconography spiritual group will miss your happy presence and ready laugh. I feel certain you are very busy with the angels getting to know everyone and bringing a smile to everyone you meet. Until we meet again, may God bless. Cynthia Duquette

February 18, 2014 at 12:00 AM