



## Nancy Ann Frongello

April 22, 1961 - February 23, 2009

Frongello, Nancy A.

On Monday, February 23, 2009 of Springfield, VA.

Beloved wife of Mark A. Frongello; mother of Meghan R., Mark A. and Emily C. Frongello; daughter of Margaret and the late Frederick Paschall; sister of Frederick G., Bryan F., Mark H. Paschall, Catharine Paschall Evans, Louise Paschall Hoyt, Gregory P. Paschall, William C. Paschall and the late Patricia Paschall Kiley; also survived by a host of nieces, nephews, extended family and friends. Relatives and friends may call at Jefferson Funeral Chapel, 5755 Castlewellan Dr. Alexandria, VA (just south of the intersection of S. Van Dorn and Franconia Rd.) on Thursday, February 26 from 2 to 4 pm and 7 to 9 pm. Mass of Christian Burial will be held at St. Bernadette Catholic Church, 7600 Old Keene Mill Rd. Springfield, VA on Friday at 11 am. Interment private.

# Tribute Wall



“ *Nancy Ann Frongello*

October 27, 2022 at 09:45 PM



“ *I just want to say that it is a joy taking care of Luke, and that I enjoy bringing him home to you at the end of the day. I understand his special place at this special time in your lives. Merry Christmas! Teresa B.*

December 25, 2009 at 12:00 AM



“ *Our deepest sympathies to you and your family. My husband was a patient at Georgetown ICU for 4 months and Nancy was so wonderful to me and to him. She would call him Poppa Bello and even gave him a buzz cut one day. She will be missed by everyone. May God watch over you and your children.*

April 06, 2009 at 12:00 AM



“ *Mark, I am deeply saddened to have heard of your loss. It is a great pleasure to know you and if there is anything I can do to help bear your burden please don't hesitate to ask. My constant prayers are with you and your children. Dominic*

April 06, 2009 at 12:00 AM



“ *I just want to say my condolence to your family and God Bless.*

April 06, 2009 at 12:00 AM



“ *Mark and Kids, I'm very sorry to hear of your loss. I'll add you to my prayers. Jim Womelsdorf*

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April 06, 2009 at 12:00 AM



“ *Mark and family. We are deeply sorry for your loss. There are no words that can describe the feelings of this sad time in your life. Just remember that your thoughts and prayers are with us, as well as many others that surround you every day.*

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April 06, 2009 at 12:00 AM



“ *Uncle Mark, I am so sorry for your loss. My thoughts and prayers are with you and your family.*

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April 06, 2009 at 12:00 AM



“ *Hi Mark, I am sending you my thoughts and my deepest sympathy to you and your family. I can't imagine how you are feeling, but my prayers are with you. I'm sorry I wasn't able to come to Jefferson Funeral Chapel, but I hope you understand. Please don't hesitate to call me if you need anything. Take care, Ray*

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April 06, 2009 at 12:00 AM



“ *Our sincere sympathy and condolence for your lost, with our prayers, may peace and happiness be with you all*

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April 06, 2009 at 12:00 AM



“ OUR NANCY.....that's how we always think of Nancy & we always will. Seeing her brought smiles to our faces & to all of our family members. Nancy is the girl with the giving heart. She is watching over her children & loved ones..... Earlier in the day, I said these words to Phyllis, & now I say it to all of you.....we extend our arms to you--hope you can feel our hugs. Love, Florence & Bert Grenis & the entire Grenis Family

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April 06, 2009 at 12:00 AM



“ Mark, Megan, Mark and Emily: I am so sorry! Nancy was so good to me when I lost my son, I can't believe she is gone. She was always so full of life! I know there are no words that can help at this time, but know that all of your friends are here for you at this most difficult time. There is an entire West Springfield Community out here that will help at any time. I know it is hard to ask for help, but don't forget we are all here for you and the family. Debbie, Samantha and Nick Akridge

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April 06, 2009 at 12:00 AM



“ Mark Paschall, sorry for your loss, our deepest sympathy and prayers are with you. Words seems inadequate to express the sadness we feel. May the comfort of GOD may help you during this difficult time.

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April 06, 2009 at 12:00 AM



*“ We are so heartbroken for your family. Meghan was on Kathleen's LAX team, and Emily and Lisi were on the same team. Nancy was a beautiful, wonderful person and we were blessed to know her. Our prayers are with you and your family. May she rest in God's Peace.*

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April 06, 2009 at 12:00 AM



*“ Mark - My thoughts and prayers are with you absolutely - call if you need anything at all. Nancy*

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April 06, 2009 at 12:00 AM



*“ Our deepest sympathies go out to all of you.*

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April 06, 2009 at 12:00 AM



*“ Nancy Ann Frongello*

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April 06, 2009 at 12:00 AM