



Mary Helen Noel McMillian

June 17, 1958 - September 22, 2015

Mary Helen Noel McMillian (57)

Mary Helen Noël McMillian of Alexandria, Virginia passed away on Tuesday, September 22, 2015. Loving mother of Christopher Noel McMillian Graf, of Chicago, IL; sister of Ann Marie Budreika, of Boston, MA and Rita Margaret McMillian of Boston, MA. Sister of Thomas Noel McMillian and sister-in-law of Joanne McMillian of Montville, NJ. Aunt of Andrew Thomas Budreika, of Philadelphia, PA. Beloved daughter of the late Helen Ann McMillian and the late Lieutenant Commander USN Alfred Noel McMillian. She will truly be missed.

Graduate of Boston College BA 1980, Summa Cum Laude; Boston College Law School JD 1983; Georgetown University Certificate in Leadership Coaching 2009.

Mary was the president of Mindful Excellence Coaching, LLC specializing in academic coaching as well as a noted fine arts photographer, artist, and poet. Relatives and friends may call on Jefferson Funeral Chapel, 5755 Castlewellan Dr. Alexandria, VA 22315 on Tuesday, September 29, 2015 from 2-4pm and 6-8pm. Inurnment will be held privately on a later date.

Tribute Wall



“ *Mary Helen Noel McMillian*

October 27, 2022 at 09:45 PM



“ *1 file added to the album Obituary Wall*



Jefferson Funeral Chapel - January 28, 2019 at 09:55 AM



“ *Dear Christopher,
Your mom was a client of mine and I just learned of her untimely death today. She spoke highly of you and with great love. She was excited when you came to visit this spring. Your mom was a beautiful spirit and she will be missed. Please reach out if there is anything I can do to help you or the family in any way.
Sincerely
Jette K Hansen, CMT
703 518 8484*

October 17, 2015 at 12:00 AM



“ Dear Christopher, I had the rare privilege of your mom being my mentor. I would see her every Tuesday and Saturday, and I was blessed by all the knowledge and wisdom she shared with me. She was a huge part in my support system, and I can not thank her enough. I appreciate everything she has done for me, and she will forever remain in my heart. She spoke to me several times about you, so I hope you always are reminded that she loved you, and will forever love you very much. Although I may not be religious, I will pray for you and the rest of your family to get through these rough times. Take care, Christopher. Please reach out to me or my family if you need anything. Rest easy, Mary Noel.

October 06, 2015 at 12:00 AM



“ Dear Christopher,
I wish we could tell you in person how sorry we are for your loss. We send our deepest condolences for the death of your mother from Santa Barbara. Mary Noel was working with our son, Whit, at Episcopal. We greatly appreciated her unwavering support of him, not only in his academics, but also in his overall well being in the transition from home in California to boarding school across the country. She was so good to him! I can only imagine what a wonderful mother she must have been to you. I know she was very proud of you, as she spoke so lovingly of you several times when I talked to her on the phone. We will miss her!
With sincerest sympathy,
Laura, Craig, and Whitfield Shelburne

October 05, 2015 at 12:00 AM



“ Christopher, I am so very sorry for the loss of your dear mother. Mary was in my homeroom for all six years we were at Girlsâ€™ Latin School. So, I remember her well. She was very special. Mary was one of the nicest girls I ever knew. She was so sweet and kind. I am so glad to have known her. I am sure you have heard this already, but when Mary played Glinda the Good Witch in our junior year performance of â€œThe Wizard of Ozâ€ it was perfect casting. Thatâ€™s who Mary was to us all. I am so saddened by her leaving us much too soon.
Maryellen Hansen

October 02, 2015 at 12:00 AM



“ Mary's energy was warm and welcoming. Living two blocks from one another, we'd often exchange pleasantries and chat on corners around town. We met while walking our pups several years ago. I felt rather anonymous until I found my dog, and meeting Mary and Nemo provided me with a sense of community. She always had a kind word and her behavior was contagious. When I asked about Nemo earlier this year, she emphasized her appreciation for time they had together and didn't focus on the end. I recalled thinking how eloquent that was. I recognize that I didn't know her as well as others - but news of her passing has truly stunned and saddened me. My sincerest condolences to her family, friends and fellow neighbors. Rest in peace Mary Noel.

October 01, 2015 at 12:00 AM



“ Mary Noel... such a blast of energy, color and interest. I knew her only through our shared experiences at Georgetown, and have always felt blessed to hear her stories and perspectives. My sincere condolences to Christopher and family.

September 30, 2015 at 12:00 AM



“ My deepest sympathies go to Christopher and all of Mary's wonderful family. I feel very blessed to have had the chance to know her and be friends with her, I also am one of her GLS classmates. She will surely be missed so many, a very beautiful person who touched so many lives and will never be forgotten but remembered with great love and affection....

September 30, 2015 at 12:00 AM



“ Christopher, my heart goes out to you and the rest of your mom's family. I was hoping to see your mom at our GLS reunion, too. I remember her as being so wise beyond our years. In addition to being accomplished in the arts -- she played the harp when we were going to school -- I remember her as being hilarious, with a wonderfully wry sense of humor. I recall to this day being a part of the menu planning committee for one of our proms. We were trying to pick a vegetable and we couldn't seem to come to agreement. Your mom settled it with the statement: "Let's go with string beans; they're non-committal." It will never stop making me laugh. Your mom will never stop making me smile with that memory.

September 30, 2015 at 12:00 AM



“ Christopher, my deepest sympathies on the loss of your mother, Your mother and I grew up together in West Roxbury. We were Girl's Latin School graduates and we joked that we almost had the same name, Her loss will impact many. May you find peace in this darkest of days. Helen Mary Scipione, Lincolnville, Maine,

September 30, 2015 at 12:00 AM



“ *Deepest condolences, Christopher. Your mother was just lovely. She was a HS classmate.*

September 30, 2015 at 12:00 AM



“ *I was so sad to hear about Mary. We were classmates for 6 years at GLS and she will be missed by all who knew her. My sincere condolences on your loss.*

September 30, 2015 at 12:00 AM



“ *Christopher... I have not seen your beloved Mother for many years... But we spend 6 magical years together at Girls Latin. I know that you already realize what an amazing woman your Mother was... Just wanted to let you know that after all these years I do believe your Mum was one of the finest ladies I have ever met... God bless you all*

September 30, 2015 at 12:00 AM



“ *I was deeply saddened to hear of Mary's passingâ€¦We spent summers in our youth working for Boston Parks and Recreation at Billings Field in West Roxbury. I will always remember Mary as a kindhearted caring personâ€¦.RIP*

September 30, 2015 at 12:00 AM



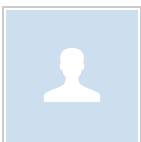
“ I did not know Mary Helen but I wish to express my condolences to the family anyway because I, too, have loss several family members. I hope that you can find comfort from the God of all comfort who can help you to cope with the pain of losing your loved one. It can be so hard to face each day without that special someone, but the love and support of family and friends and, of course, our loving Creator, can help to ease the pain and sorrow. Again, please accept my sincere condolences.

September 29, 2015 at 12:00 AM



“ Mary Noel was a rare soul. In this busy world, she insisted on slowing down, appreciating life's small moments, and enjoying nature. Her patient, kind encouragement helped instill a quiet confidence in her students that helped them succeed in school. She also blessed them with lessons and experiences that helped them succeed in life. As parents of one of those students, our lives were enriched as well by her lessons on mindfulness and her reminders to be thankful for the gifts that each day brings.

September 29, 2015 at 12:00 AM



“ Christopher, I was shocked and very saddened to read about your Mom's passing. We stayed in touch now and again, but hadn't corresponded for a few years so when I saw her picture today I couldn't believe it. She was a big part of my life many years ago, and I will always be grateful for our time together. She was a wonderful woman and will be missed by all who knew her. My thoughts and prayers are with you and her siblings. Eric

September 29, 2015 at 12:00 AM



“ There are no words to describe the feelings of losing my former classmate and childhood friend. Over the past years we corresponded in writing via notes and cards. I had hoped to see her at our Class of 76 GLS reunion. Mary will always remain forever in my heart as the beautiful young angel who played the harp for me whenever i would spend time at her West Roxbury home. I extend my sincere condolences to her family.

Maurine McDermott

Girls Latin School Class of 76

*Former Resident of Martin Street,
West Roxbury, MA*

September 28, 2015 at 12:00 AM



“ Christopher, we will be unable to make it to Virginia on Tuesday as much as we would like to but our thoughts and prayers will be with you, your mother and family, please let us know when you hold the service in Boston as we would like very much to attend
John Guattery and Boossarawan Pui Wudhapitak

September 28, 2015 at 12:00 AM