



Mark Francis Carnevale

December 17, 1949 - April 18, 2016

Mark F. Carnevale passed away suddenly on 18 April 2016. He is survived by his wife, Fran, and son, Matthew, and his sister Celeste (Mike) Perkins. His untimely loss is grieved also by his brother-in-law Michael (Lisa) Lamarra and 6 nieces and 1 nephew. Mark grew up in Pittsfield, MA, graduated from Villanova Univ. (B.S. Mechanical Engineering) and George Washington Univ. (M.S. Operations Research). He chose to serve his country for 31 years - 6 as an officer in the Marines and 25 in management positions across the Central Intelligence Agency. After retiring in 2011, he became a certified personal trainer, first at a Fairfax County rec center and then opening his own studio in 2013. Mark was an avid practitioner of the martial arts, reaching the top levels in Tae Kwon Do, Aikido, Tai Chi, and Bruce Lee's Jeet Kune Do. Mark also volunteered for Capital Caring hospice and as a Fairfax County Auxiliary Police Officer. Relatives and friends may call at Jefferson Funeral Chapel, 5755 Castlewellan Dr. Alexandria, VA on Sunday, April 24, 2016 from 2-4 & 6-8 PM. Mass of Christian Burial at St. Louis Catholic Church, 2907 Popkins Ln. Alexandria, VA on Monday at 10 AM. In lieu of flowers, please send contributions to the Semper Fi Fund (<https://semperfifund.org>), CIA Officers Memorial Foundation (<https://ciamemorialfoundation.org>), or Capital Caring (<http://www.capitalcaring.org>).

Tribute Wall



“ *Mark Francis Carnevale*

October 27, 2022 at 09:45 PM



“ *I admired Mark-he loved his family, his country and was committed to helping others. I'm grateful for the time I had training with him and the motivation and encouragement he gave me. I will miss him. My deepest condolences to Fran and Matthew.*

April 24, 2016 at 12:00 AM



“ *Mark was a good man with great ties and connection to the community. He will be missed by his family, friends and clients.*

April 24, 2016 at 12:00 AM



“ *Mark was so kind and patient with my son as his trainer. You were exactly what he needed when he wasn't feeling good about himself. God bless you and your wonderful wife. Rest in peace Mark.*

April 24, 2016 at 12:00 AM



“ *Mark was a really great guy that I grew up with in Pittsfield, Mass. and graduated from St. Joseph's High School together. His service to our country and to his community is to be greatly appreciated. I am sincerely sorry for the loss his family must be experiencing at this time.*

Dan O'Connell, Pittsfield, Massachusetts

April 24, 2016 at 12:00 AM



“ Mark was a kind and generous man. I will miss his smile and laughter at Embody Fitness.

April 23, 2016 at 12:00 AM



“ very public spirited selfless man who left us too young, but he will linger in our hearts.

April 23, 2016 at 12:00 AM



“ Although I didn't know Mark well, I admired him for his service to his country, his dedication to fitness, and especially for his volunteer work. It takes a special person to give his time freely to help others in need. My thoughts are with his family, friends, and others who feel and mourn his loss.

April 23, 2016 at 12:00 AM



“ The world has lost a very, very good man. Rest in peace, my friend.

April 21, 2016 at 12:00 AM