



Kathryn Lynn Hook

February 16, 1968 - May 20, 2022

Kathryn Lynn Hook (VanOverschelde), 54 passed on May 20, 2022, surrounded by family and friends. She was the beloved wife of James F. Hook; sister to James VanOverschelde (Tambra Nelson) and the late Jeanne VanOverschelde; daughter of Barbara and the late Raymond VanOverschelde; aunt to Athena and Eliza VanOverschelde; sister-in-law to Judith L. Hook and Diane (Charles) Gennaro; and aunt to Matthew (Marina) Gennaro and Laura Gennaro, DMD.

After graduating from The Catholic University of America with a Bachelor of Arts in Philosophy, Class of 1990, Kathy started her first job at United Technologies. It became clear that Kathy was exceptional at writing and working with computers, leading her to a long career with government contractors and 18 years at the US Patent Office, ending as a Project Manager who excelled in management.

In 1997 Kathy was introduced to her beloved Jim. They married in 2005 and started their life in Alexandria VA. Together they grew their passions. Kathy's love for sports made it easy for the two to enjoy a healthy rivalry of hometown teams. When The Bills played the 49ers or the Sabres played the Panthers, you knew they were watching. And, those who knew Kathy, knew she was just as happy when Jim's team won. If it was Saturday in the fall then you knew they both were watching Notre Dame.

Kathy had a love for the arts. Going to college in Washington DC allowed her to attend great theater and shows at beautiful venues. Her subscription to the Kennedy Center was used often and she shared her seats with many friends, and she loved movies just as much. She could quote the classics and she planned ahead for the opening night of the latest blockbusters.

Kathy's pride and joy were her animals starting with her sweet Samoyed Kasha from her childhood. Then after college, she rescued a mutt named Bandit, and Jim introduced her to his adorable Shelties, and it was love at first sight. Kathy and Jim started a beautiful family with Bailey, and then Murphy and quickly Dana was added to make a team to be reckoned with. The love for Murphy was mutual, Murphy protected Kathy and guarded her from his post under the bed.

Kathy's life was filled with adventure, travel, and devoted friends. Her father's job gave the family the opportunity to move often starting in Connecticut and then to Long Island NY, but it's fair to say Kathy's high school years in Florida made her a Floridian and a parrot-head fan. Kathy loved a good Jimmy Buffett concert on a summer night with friends, but nothing beat her love for STYX and she always worked hard to get in the front row, to get her song lists, great pictures, and a few guitar picks.

If you were lucky to be related to Kathy or call her a friend, then you were lucky enough. Kathy was amazing at forging friendships that lasted a lifetime. You could count on her being there for anything and everything. Her loyalty and love were yours to keep always. Kathy put everyone ahead of herself and loved so deeply and unconditionally. We all were blessed to have had our paths crossed with hers. She will be missed beyond words.

Relatives and friends may gather at Jefferson Funeral Chapel, 5755

Castlewellan Drive, Alexandria, VA 22315 on Thursday June 9 from 2-4 and 6-8PM. A Funeral Mass will be held at Blessed Sacrament Catholic Church, 1427 W. Braddock Rd., Alexandria, VA 22302 on Friday, June 10 at 11AM.

We all know Kathy would rather give than receive so in lieu of flowers please make a donation to Dogs on Deployment.

Previous Events

Gathering

JUN 9. 2:00 PM - 4:00 PM (ET)

Jefferson Funeral Chapel
5755 Castlewellan Drive
Alexandria, VA 22315
(703) 971-7400
info@jeffersonfuneralchapel.com
<https://www.jeffersonfuneralchapel.com>

Gathering

JUN 9. 6:00 PM - 8:00 PM (ET)

Jefferson Funeral Chapel
5755 Castlewellan Drive
Alexandria, VA 22315
(703) 971-7400
info@jeffersonfuneralchapel.com
<https://www.jeffersonfuneralchapel.com>

Memorial Mass

JUN 10. 11:00 AM - 12:00 PM (ET)

Blessed Sacrament Catholic Church
1427 W. Braddock Road
Alexandria, VA 22302

Tribute Wall



“ Kathryn Lynn Hook

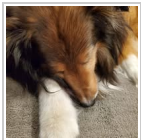
October 27, 2022 at 09:45 PM



“ 1 file added to the tribute wall



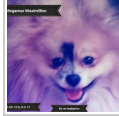
Ron Padua - June 06, 2022 at 03:14 PM



“ A fond memory I have of Kathy and her favorite band STYX: We were having a VIP picture taken, and the band has an opening for you to stand in between JY and Tommy, she loves Tommy but was cutting in front of me to stand by JY. Trying to keep it light I joked I'll stand on the taller side so she would stand next to her favorite musician ever. During the concert we were front row near Tommy and he went on his toes in front of me. We laughed. He tried tossing her his slide, she dropped it, so he grabbed another and in a place not needing a slide he used it briefly and made sure she got it. Tommy and the band are wonderful people who gave my wife so much happiness and the best day of her life. Thanks.



Jim Hook - June 02, 2022 at 11:28 PM



OMG that is the cutest picture of both of you. How great is that. What a nice band too!

Gloria Hale - October 03, 2022 at 08:14 AM



“ *A sympathy card was purchased for the family of Kathryn Lynn Hook.*



May 31, 2022 at 04:27 PM



“ *1 file added to the album Tribute Wall*



Ron Stright - May 31, 2022 at 02:48 PM



“ *Pamela Rinehart lit a candle in memory of Kathryn Lynn Hook*



Pamela Rinehart - May 31, 2022 at 08:24 AM

EL

“ *Elinoe lit a candle in memory of Kathryn Lynn Hook*



Elinoe - May 28, 2022 at 08:47 PM

EL

What a great smile Heaven brightened when you walked through the gates to join your Dad & Jeanne. I picked a yellow candle because it reminds me of your smile You left us too soon & we will always miss you

Elinoe - May 28, 2022 at 08:52 PM