



Judith S. Bregman

October 25, 1931 - June 2, 2018

Judith Bregman of Springfield, Virginia passed peacefully at home Saturday June 2, 2018 surrounded by her loving family. She is the beloved wife of Robert L. Bregman. Bob and Judy married three months after a blind date and spent 65 wonderful years together. Judy is the loving mother of Keith Bregman (Lisa), Leslie Bregman (Arthur), David Bregman, and Steve Bregman (Lynn); Cherished Bubbie of eight and great- bubbie of two. Judy always had a twinkle in her eyes. She lived for her family, friends and cooking. Her recipes are coveted and will long be cherished. Judy was a magnificent quilter and knitter. She volunteered her time and skills to many causes, knitting caps for newborns at Alexandria Hospital and recently volunteering in elementary school reading programs in Fairfax County. She was truly vibrant and unconditionally loved her family and friends. We loved our Bubbie and will dearly miss her. A funeral service will be held at Agudas Achim Congregation, 2908 Valley Drive, Alexandria, VA 22302 on Tuesday, June 5 at 11:30AM. Interment King David Memorial Gardens. In lieu of flowers, contributions may be made in Judy's name to Alzheimer's Association at www.alz.org.

Tribute Wall



“ Judith S. Bregman

October 27, 2022 at 09:45 PM



“ I just saw this and wanted to express my sincere sympathy to your family on the loss of your Mother. Dr. Bergman was my pediatrician for my two children from birth to when they “had” to age out. Both of them and I loved him and he was the best pediatrician and wonderful caring man ...

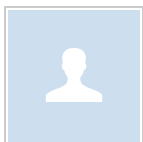
July 07, 2018 at 12:00 AM



“ We were greatly saddened when we saw the obituary in the Washington Post. We spent our summers next door to Bob and Judy at Sea Colony, Bethany Beach, for many years. We always enjoyed our chats with the two of them, and getting to meet members of the family when they visited. Judy was a truly remarkable and memorable personality, and it was an honor to have known her.

Bob and Marsha Goldfarb

June 12, 2018 at 12:00 AM



“ My mom, Aileen Mandel, adored Judy. They were the closest of friends dating back to college at U of M. I grew up admiring Judy's infectious enthusiasm and hospitality. When I moved at age 23 from Chicago to D.C., Judy was the one who brought me in and made me feel right at home. I have such fond memories of her, and will cherish the memory of our times together.

June 04, 2018 at 12:00 AM



“ It was our pleasure to have know Judy as friends of the Adoffs at the beach. She was the most delightful woman, always with a big smile and much to say about her family, but always interested in what our family was up to. We remember having get togethers with Judy and Bob and Judy's special dishes were always a treat. There was a delicious corn-something-or-other-bread that prodded me to go out and buy the South Beach Diet cookbook. I also admired, and lusted after, her Feather Weight sewing machine which produced incredible quilts, and her hand knitted beauties.
Our sympathy to Bob and the family,
Elaine & Fred Gillespie

June 04, 2018 at 12:00 AM



“ I worked at Pediatric Associates for many years. Judy was always very kind to the patients and staff. My condolences to the family.

Linda Warren

June 04, 2018 at 12:00 AM



“ Judith S. Bregman

Serenity Wreath - June 04, 2018 at 12:00 AM



“ Dear family, I am so sorry to hear of the loss of your loved one and send you my sincere condolences. May you find comfort from the promises in God's word at Isaiah 33:24 about no more sickness. I pray that he gives you peace and that you find strength in him, his word and his promise of a resurrection in Isaiah 26:19. Heartfelt prayers are with you and your family.

June 04, 2018 at 12:00 AM