



## Jamie C. Russo

September 2, 1960 - January 23, 2023

On January 23, 2023, Jamie Russo age 62 of Alexandria, VA passed away from metastatic breast cancer. Jamie was a 45 year survivor of Hodgkin's Lymphoma. Jamie was born to Carol and Joe Russo, Patchogue NY. She attended St. Francis de Sales, Patchogue NY, Class of 1974, Mercy High School, Riverhead NY, Class of 1978 and Catholic University of America School of Nursing, Class of 1983. In August 2019, Jamie married Chris von Guggenberg of Alexandria, VA

Jamie's nursing career spanned over 30 years in the Washington DC area beginning as an Operating room nurse at Georgetown Medstar Hospital and Sibley Memorial Hospital. Her career continued as a research nurse at The Breast Care Clinic and The Bio-Bank of The Murtha Cancer Center. Jamie coached patients on healthy life style practices at The Integrative Cardiac Health Clinic, Walter Reed National Military Medical Center. She was a graduate of The Barbara Brennan School of Healing and a Reiki Practitioner. Jamie brought intuitive healing to her patients, family and friends.

Jamie was a very kind loving spiritual person who always found goodness in everyone and everything that surrounded her. Jamie loved life. Those who her knew her well will always recall her "joi de vivre" and her buoyantly warm welcoming smile that would fill your heart and fill a room with a special glow.

Jamie loved that she was 100% Italian with both familial sides having strong Italian family roots. She was most proud of her Italian lineage from her great grandparents to her grandparents, her parents and siblings, her aunts and uncles, and all her crazy Italian cousins, nieces & nephews. Jamie loved being around children and adored babies.

Jamie loved the family and friends she shared with Chris. They enjoyed spending time with the large von Guggenberg family as well as their extended circle of friends they called their Virginia family. Together with Chris, Jamie loved walking in nature, sailing, cycling, the beach, music, yoga and meditation. Jamie enjoyed many hours reading and she loved to learn.

Jamie is survived by her spouse, Chris von Guggenberg, her siblings, Eric (Barbara) Russo, Paula (Tom Raspert Sr.) Russo, Susan (Ted) Chumas and Joseph (Quentin Miller) Russo Jr.

Jamie is predeceased by her parents, Carol and Joseph Russo. A Funeral Mass will be held on Saturday, February 4, 2023 at 12 noon located at St Rita's Catholic Church 3815 Russell Road, Alexandria VA 22305.

Donations in memory of Jamie Russo can be made to the Pediatric Cancer Research Fund at Georgetown Lombardi Comprehensive Cancer Center at the following url: <https://give.georgetown.edu/JamieRusso>

# Previous Events

## Mass of Christian Burial

FEB 4. 12:00 PM (ET)

Saint Rita Catholic Church  
3815 Russell Road  
Alexandria , VA 22305

# Tribute Wall

GC

“ I knew Jamie through the Sailing Club of Washington. She always greeted me at social events as a person would greet a best friend, like she was really glad to see me. And when I was a beginner sailor, years ago, Jamie took initiative find tutors for me at a time when sailing tutors were scarce and in demand. Jamie was popular. Her passing weighs heavily on my mind.



George Clark  
Ashburn VA

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George Clark - February 08, 2023 at 12:30 PM

PP

“ I hadn't seen my second cousin, Jamie Russo, much since she left for D.C. - just at her parents' funerals and at her brother Eric's wedding. I was delighted to see that was ever the same gentle presence that I remembered from good times in childhood when our parents got our families together. It was wonderful to read how much she accomplished in her nursing career while at the same time enjoying life with her many interests.

I remember her delicate, resilient beauty and that her Mom told me, "Jamie could choke on a string of spaghetti."

When I first heard of Jamie's illness and passing, I was overcome by the sadness of losing her at such a young age and anger at the probability that it was due to exposure in her youth to hazardous, reckless pollution. Knowing how full her life was and that she is no longer suffering is a somewhat counterbalancing consolation.  
- Pam Plate

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PAM PLATE - February 04, 2023 at 10:09 AM

MH

“ I know Jamie and Chris from the Sailing Club of Washington, as two of the nicest people I have met there. In many years of working with Chris, I had a lot of contact with Jamie as well and the three of us has very nice conversations together. Jamie was especially supportive and helpful when my wife was hit with breast cancer. It was so nice to have someone both highly sympathetic and very knowledgeable to help through a difficult time. I will miss her and her always pleasant and sunny ways. - Mike Hooban

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**Mike Hooban** - February 03, 2023 at 12:28 PM

FS

“ Friends from SCOW purchased the Simply Elegant Spathiphyllum for the family of Jamie C. Russo.



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**Friends from SCOW** - February 03, 2023 at 10:05 AM