



Jack Bernard Helitzer

November 9, 1933 - October 21, 2022

Jack Bernard Helitzer, 88, died October 21, 2022 at Fairfax Hospital. Jack was born in Brooklyn, NY, on November 9, 1933. He had one brother, Robert Helitzer.

Jack grew up in Brooklyn and Flushing, NY. Jack received a BA from Cornell University (where he was elected to Phi Beta Kappa and Phi Kappa Phi) and received a JD from Harvard Law School. He spent most of his legal career at Metropolitan Life Insurance Company, where he started in the Law Department and retired as a Vice President. His Government Affairs publications describing laws, regulations, and major court decisions were widely circulated throughout the employee benefits community. He wrote a quarterly column on state employee benefits in the Benefits Law Journal. One of those articles, on coordination of benefits, was cited by both the U.S. District Court and the U.S. Court of Appeals for the Third Circuit as the basis for the decision in *McGurl v. Trucking Employees Welfare Fund*, 124 F.3d 471 (3rd Cir. 1997). Jack lectured on behalf of the American Bar Association, Practising Law Institute, and National Health Lawyers Association.

Jack was a trustee of the Shelter Rock Public Library in Albertson, NY; served as President of the Cornell Club of Long Island; served as President of Temple Emanuel of New Hyde Park, NY.

While at Cornell, Jack met Genie Alexander and they were married on December 23, 1956. Jack and Genie pursued their love of learning as adult students at George Mason University, where they were awarded the Lifetime Student Award (a picture of Jack and Genie receiving their award, along with their granddaughter Rachel Shubin GMU 2016 and daughter, Julie Shubin, adjunct faculty GMU, will be entered into the George Mason 50th Anniversary Time Capsule to be opened in 2072). Jack and Genie travelled extensively across the United States, Europe, and Asia.

Jack is survived by his wife Genie, daughters Marjorie Swirsky, Julie (Harry) Shubin and his grandchildren: Ryan and Monique Swirsky, Rachel and Michael Shubin. Jack was so proud of the accomplishments of his daughters and his four grandchildren.

Jack was interred at City of Fairfax Cemetery (10567 Main Street)
In lieu of flowers, please consider a donation to Meals on Wheels of Northern Virginia or the Alzheimer's Association National Capital Area Chapter

Tribute Wall



“ I was devastated to learn of my cousin's sudden passing. He was a fantastic cousin who provided unwavering support to my family and me for years. Bobby, my only remaining cousin, currently resides in Tucson. I fervently pray that my cousin's soul rests in eternal peace in Heaven.

Steven Feinsmith - March 19, 2024 at 06:23 PM



“ Jack Bernard Helitzer

October 27, 2022 at 09:45 PM



“ Greg and I send our condolences to you and your family, Julie, in the loss of your father and grandfather. Although we never met your father, we heard wonderful things about him from our daughter, Krista Kheiv. No matter one's age, it is always difficult to lose a parent. Sandy Nelson

Sandy Nelson - October 23, 2022 at 12:19 PM



As one of the Helitzer Granddaughters, I would like to extend my sincere condolences, to Jack's family, with Love, Dorothy Ilene Shedlin

Dorothy Ilene Shedlin - October 31, 2022 at 11:25 PM