



Helena (Polly) Elizabeth Varney

April 25, 1938 - October 17, 2022

Passed away Monday, October 17, 2022, of Alexandria, Virginia. Born on April 25, 1938, she was the daughter of the late Lacy Meadows (Mary) and Helen Graham (Clyde). Also, preceding her in death was her loving husband of 50 years, Monroe G. Varney, her sister MaryJane Sepella, son C. Randall Varney, and grandson Christopher Ludka. She will truly be missed by many.

Helena always enjoyed traveling with her family. Whether they were heading to the beach, the lakes or the mountains, she never passed up the opportunity to jump in the car and go. It seemed like she had a relative in almost every state. She traveled so much, that she was given a stuffed Road Runner to buckle into the back seat of her car.

Whether she was with Monroe, her girls, or her many grand, great and great great-grandchildren, she was always happiest when spending time with her family.

Those that knew Helena and Monroe know that they were strong in faith and that their home was always open and shared with friends and family in need.

Her passion for decorating was remarkable. There was not a holiday that went by, where decorations could not be found both inside and outside of her home. Her favorite holiday of all was Christmas.

Survivors include, daughters, Deborah L. Ellis, Tanya H. Balleaux (Michael), Rhonda K. Sasser (Perry), Brenda J. Montgomery (Terry); son, Ricky M. Varney, brothers, Bill, Dennis, and John Meadows. grandchildren, Nicole, Steven, Krystal, Jaimee, Jennifer, Joshua, Perry Monroe, Erica, Justin, Kaylynn, Todd, Tanya, Randy Jr., and Marcia; great-grandchildren, Paige, Madisyn, Skyler, Megan, Michael, Lindsey, Shawn, Rileigh, Chase, Jett, Ellee, Liliana, and Addison; and great-great grandchild, Noah.

Friends and family may call at Jefferson Funeral Chapel, 5755 Castlewellan Drive, Alexandria, VA 22315 on Wednesday, October 26, 2022, from 5:00PM-9:00PM. A funeral service will take place the following day, October 27, 2022 at Jefferson Funeral Chapel starting at 1PM. Interment directly following at National Memorial Park, Falls Church, VA. Memorial contributions may be made in her honor to St. Jude's Children's Hospital.

Please view and sign the online guestbook.

Previous Events

Viewing

OCT **26**. 5:00 PM - 9:00 PM (ET)

Jefferson Funeral Chapel
5755 Castlewellan Drive
Alexandria, VA 22315
(703) 971-7400
info@jeffersonfuneralchapel.com
<https://www.jeffersonfuneralchapel.com>

Funeral Service

OCT **27**. 1:00 PM - 2:00 PM (ET)

Jefferson Funeral Chapel
5755 Castlewellan Drive
Alexandria, VA 22315
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Tribute Wall



“ *Helena (Polly) Elizabeth Varney*

October 27, 2022 at 09:45 PM



“ *Love you to the Moon and Back*

Krystal Paynter - October 26, 2022 at 07:40 AM



“ *Krystal Paynter lit a candle in memory of
Helena (Polly) Elizabeth Varney*



Krystal Paynter - October 26, 2022 at 07:38 AM



“ *Krystal, Paul, Skyler and Shawn Jr. purchased
the Medium Dish Garden for the family of Helena
(Polly) Elizabeth Varney.*



Krystal, Paul, Skyler and Shawn Jr. - October 26, 2022 at
07:36 AM

HM

“ Over the years, cousin Polly visited us several times at our home in Florence, South Carolina. She loved to play Phase 10 and go antiquing. We did a lot of both. Sometimes, we would do other things, such as checking out the City Market and dining in Charleston, going to the Artfields Festival in Lake City, or taking in a Marty Stuart performance at Francis Marion University’s Performing Arts Center. Despite her medical problems, Polly always maintained a positive outlook. We are very sad that she is gone, but happy that she can now rest in peace.

Harry and Sheree Meadows

Harry and Sheree Meadows - October 24, 2022 at 11:49 PM



“ Peaceful White Lilies Basket was purchased for the family of Helena (Polly) Elizabeth Varney.



October 23, 2022 at 05:29 PM

RB

“ Rod and Rob Bowling purchased the Enchanted Cottage for the family of Helena (Polly) Elizabeth Varney.



Rod and Rob Bowling - October 22, 2022 at 06:49 PM

DF

“ DeAnna and Ray Forsht purchased the Beautiful in Blue for the family of Helena (Polly) Elizabeth Varney.



DeAnna and Ray Forsht - October 22, 2022 at 02:40 PM



“ Medium Dish Garden was purchased for the family of Helena (Polly) Elizabeth Varney.



October 20, 2022 at 06:42 PM



“ Rose Remembrance was purchased for the family of Helena (Polly) Elizabeth Varney.



October 20, 2022 at 06:15 PM



“ Sweet Tranquility Basket was purchased for the family of Helena (Polly) Elizabeth Varney.



October 20, 2022 at 05:02 PM