



## Amy Dee Sargent

January 6, 1983 - August 13, 2013

Amy Dee (Aubin) Sargent, 30, passed away unexpectedly in Falls Church, Virginia, on August 13, 2013. Her husband Justin Sargent, the love of her life, was by her side. Justin and Amy also lost their baby boy, due on December 25, 2013. Amy and Justin were surrounded by their family, including her mother, Pamela Aubin, and brother, John Aubin, and Justin's mother Catherine Sargent, father Thomas Sargent, step-mother Katherine Sargent, and brother, Jason Sargent. As throughout her life, many close friends and colleagues surrounded Amy in her final hours.

A native of Cape Cod, Massachusetts, Amy Sargent graduated from Dennis Yarmouth Regional High School and carried her love of the ocean with her when she moved to Washington D.C. in 2001. While pursuing a B.A. in Political Science from The George Washington University, Amy enjoyed traveling to beaches along the East Coast and actively campaigning for the College Democrats of America. She studied criminal justice and religion as part of her undergraduate work, committing many hours to understanding the power of life, death, and the ongoing pursuit of hope across religions.

After completing her B.A. in 2005, Amy took a position at Calibre CPA Group, where she met her future husband. She later moved to the Service Employees International Union (SEIU), where she was working at the time of her death.

Amy and Justin married in September 2009 in Clifton, Virginia, surrounded by family and a wide variety of friends from across the United States and around

the world. Amy and Justin loved traveling the world and spent much of their time together cultivating strong and enduring friendships. Their love for each other, evident to all who knew them, shone through difficult times, particularly during the loss of Amy's father, John M. Aubin, Sr., in 2006.

Amy possessed a passion for music and deep commitment to enriching the lives of those around her, including her colleagues at Calibre and SEIU.

Family, friends, and colleagues will miss her beautiful smile, commitment to excellence, quick wit, and ability to quote every line from the film *My Cousin Vinny*.

Amy is survived by her husband Justin of Alexandria, mother Pamela, brother John and his fiancée Heather Merrill, of East Dennis, MA and the Sargent family.

A memorial service will take place on Saturday, August 17, at 1:00 PM at Jefferson Funeral Chapel in Alexandria, Virginia. Attendees will wear purple, Amy's favorite color, rather than black. Donations in honor of Amy's vibrant but all-too-short life can be sent to the Cancer Research Institute, [www.cancerresearch.org](http://www.cancerresearch.org).

# Tribute Wall



“ *Amy Dee Sargent*

October 27, 2022 at 09:45 PM



“ *1 file added to the album Obituary Wall*



**Jefferson Funeral Chapel** - January 28, 2019 at 09:18 AM



“ *I'm very sorry to hear the sad news. I will keep Amy and baby in my prayers, as well as Justin and family members left to grieve. I hope you find some solace in knowing how well loved they are.*

August 20, 2013 at 12:00 AM



“ *I met Amy only a few times, but she was truly beautiful, both inside and out. Even then you could see the love she and Justin had for each other... I am so very sorry to hear about this... and completely shocked. My family sends our condolences and our deepest sympathies. Family, if there is anything I can do please call....*

August 20, 2013 at 12:00 AM



“ We are so deeply saddened & so very sorry for the loss of your wonderful daughter, sister & wife. My daughters grew up with Amy, & as a teacher at DY, I also watched her successes there. We all admired her amazing spirit, intelligence & zest for life. We truly feel for all of you. Sending prayers & positive thoughts your way.  
*Pat, Cassie & Lisa Fruggiero*

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August 20, 2013 at 12:00 AM



“ We would like to extend our sympathy for the loss of your wife and unborn son. We hope that Jesus' words at John 5:28,29 can comfort you. Jesus gives us the hope of a resurrection where we can be reunited with our loved ones on a paradise earth.

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August 20, 2013 at 12:00 AM



“ My deepest sympathy goes to Justin and all of Loving Amy's family and friends. The pain in my heart stabs me since I will extremely miss her beautiful smile, care and love she displayed to us all at SEIU. She was good to us...My prayers and thoughts are with you Justin. I always keep in mind the promise of Jesus at John 5:29,29. Those words have great meaning and knowing one day death will be swallowed up makes me feel rejoice. It was never God's purpose for us to die...  
*But know that we will never forget Amy and will keep cherish and treasure the memories of her oh so peaceful way of handling Life! And she always listened...Wow! What a Lovely Good Woman...So with tears in my heart I will remember the words she had on her wall..*  
*Keep Calm and Carry On!*

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August 17, 2013 at 12:00 AM



“ Justin,  
I was so sorry to hear about your loss. While I had only met Amy a few times, it was clear what a sweet person she was. You two seemed like a wonderful match. I can't imagine the pain you must be feeling losing your wife and son at the same time. My heart is heavy for you.  
Love and prayers,  
Ashley

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August 17, 2013 at 12:00 AM



“ My sincere condolences to Justin, and Amy family. My heart is so heavy. I pray that God will massage your hearts and give you peace that surpasses all understanding. We serve an Awesome God who is all wise and all knowing. Amy has touched so many lives with her humbleness and sweet spirit. She will truly be missed and thought of always. It will never be the same in our Department without her. May God continue to strengthen you and keep you through this difficult time as only He can. Blessings!

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August 17, 2013 at 12:00 AM



“ So sorry to hear of the loss of your beautiful wife & unborn son. You are in our thoughts & prayers. Although we never had the chance to meet Amy in person, we did know her through your dad's & Kathy's talks about their family. She sounded like a great woman to know. -  
Kathy's brother, Bill and wife, Cheryl Yoho

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August 17, 2013 at 12:00 AM



“ Justin you and your family are in our prayers. So sorry for your loss.  
~Steve and Judy Sargent, Brian, Chris, Emily & Jacob Hanlon

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August 17, 2013 at 12:00 AM



“ I send my most sincere prayers and thoughts to Justin, Amy's family and friends. Amy was a one of a kind with her wonderful sense of humor; her warm and caring friendship; and her calm wisdom. Having my desk situated just outside her door, we often shared brief conversations during the day. I found her to be an inspiration and admired her ability to be able to offering constructive encouragement. I can honestly say that I'm a better person for having known Amy; and she will be greatly missed.

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August 17, 2013 at 12:00 AM



“ To Justin and the family of Amy,  
Words are not enough to express my heartfelt condolences. I worked with Amy at SEIU and she was one of the most pleasant people to work with and be around during the 9-5 of the work day. She was never flustered, by anything or anyone.  
Even though sadness fills your beings today, remember that joy comes in the morning of those that believe that our time on earth is just the beginning of everlasting life. Her life lives on in a place of happiness and joy. Rejoice, in the times you spent with her, and remember that her life had purpose and meaning in everything she did, each and every day.  
Charles Dyson

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August 17, 2013 at 12:00 AM



“ I am so sorry for your loss. I will continue to pray for you all. Love you bunches!

*Nikki Yoho-Stone*

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August 16, 2013 at 12:00 AM



“ I had the wonderful privilege of meeting Amy via phone when my sister, her employee Teri, was in the hospital with a life-threatening illness. I spoke with Amy every single day while Teri was in the hospital and for some times at great length. I learned very quickly that Amy wasn't concerned about the work that wasn't getting done, she was concerned about my sister. She maintains a very warm place in my heart. Her faith, support, and encouraging words helped me during this tough time. I think I even told her at one point that Teri was very lucky to have her as a boss, and more importantly to have Amy in her life. I pray for her husband now and that God will encourage and keep him in his loving embrace. My thoughts and continued prayers for him and all of her family.

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August 16, 2013 at 12:00 AM



“ You were by my side through my childhood and because of you I am the person I am today. You will always be in my heart, my dear friend. My thoughts are with your family.

*Sarah*

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August 16, 2013 at 12:00 AM



“ You are in my thoughts and will always be in my heart.

*With Deepest Sympathy,  
Darbie*

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August 16, 2013 at 12:00 AM



“ So sorry for you loss Justin. You are in our prayers.  
~Mikey, Cathy, Logan & Mason

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August 16, 2013 at 12:00 AM



“ Tom -  
You and your family are in my prayers. I am so sorry for your loss.

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August 16, 2013 at 12:00 AM



“ Our deepest sympathies and hearts are with Justin, the Sargents,  
Amy's family and friends.

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August 16, 2013 at 12:00 AM



“ Amy was a great supervisor who also became my friend. It was a  
pleasure knowing her. She will be missed. I will continue to keep  
you and your family in my thoughts and prayers.

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August 15, 2013 at 12:00 AM



“ I am truly sorry for you loss. Amy was a wonderful person who could  
always make me laugh and lighten my spirit. She was an amazing  
colleague and friend who I greatly appreciated as she totally got me  
from day 1. Not sure if it was that we were both from from the  
Boston area living out of our element or that our birth dates were so  
close. She will be missed by so many. May you have comfort that  
she is resting peacefully.

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August 15, 2013 at 12:00 AM



“ I am so sorry for your loss. May God comfort and keep each of you close to him.

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August 15, 2013 at 12:00 AM



“ Amy, you were such a wonderful person and loved by many. You will truly be missed! Although you are gone to a better place, your spirit will continue to live through the lives of those you've touched.

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August 15, 2013 at 12:00 AM



“ We are so sorry for your loss. We will be praying for you.  
Bob and JoEllen Yoho

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August 15, 2013 at 12:00 AM



“ Tom & Family -  
I am so sorry for your unexpected loss. You are all in my thoughts and prayers.  
Amy Frame

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August 15, 2013 at 12:00 AM